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### DEAR READER: LETTERS FROM A FAMILY FARM RURAL TIES TO HEALTH CARE

In my monthly note to readers, I've often focused on my family's experiences on our farm and in our local rural community.

But another main component of my family's story centres on my mother's off-farm employment. **Mom**, through this career, has contributed to the family in a range of ways.

As with many farm families, Mom's off-farm income helps to support the household. Watching Mom, my sister **Jessica** and I also learned how to balance family and the pursuit of an engaging career.

Lately, reflecting on Mom's experiences as a registered nurse, I've noticed some interesting parallels between the farm-residing nurse advancing in her career, and the rural population's access to health care.

At the most basic level, one of the connecting threads is geography.

Mom has always had to commute to her job. And, for many years, this commute was quite lengthy. For a short period, Mom took the train into Toronto – a one hour and 40-minute ride each way – daily. Later, she drove an hour to work at a health care facility outside of London. Mom travelled these distances so that she could work in specialized roles related to her field of expertise.

And, of course, as rural residents, we often have to commute in order to ensure access to the health care services that we need.

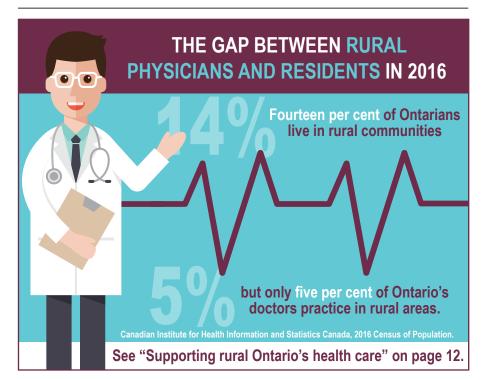
Individuals in my part of Oxford County, for example, might receive chemotherapy treatments at the Woodstock General Hospital but will typically travel further afield, such as to London, for diagnosis or more complicated treatments.

This month, writer **Jim Algie** delves into the topic of rural access to health care. He highlights the development of rural health hubs, which are attempts to ensure rural Ontarians can easily access acute care and non-acute care services. Algie also explores the efforts to address rural Ontario's physician shortage.

Given the specialized needs of rural communities, I believe that it is important for us to keep up to date with the changes in our health care system.

We need to thank our medical professionals for all of the work that they do. But we also need to be willing to advocate for our families and communities if and when we see opportunities for improvement. Hopefully, Algie's piece provides some helpful insights into the state of rural health care. BF

ANDREA M. GAL





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#### SUBSCRIPTION INFORMATION Mailed within Canada

\$41 for 11 issues over one year (including \$4.72 HST) \$74 for 22 issues over two years (including \$8.51 HST) Back issues \$12 (including \$1.38 HST)

#### To subscribe or update an address

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Mailed to U.S. \$72 for 11 issues over one year

International \$121 for 11 issues over one year

GST Registration #868959347RT0001

POSTMASTER: Send address changes to AgMedia Inc. 52 Royal Rd., Unit A, Guelph, Ontario N1H 1G3 Publications Mail Registration No. 1156 Publications Mail Agreement No. 40037298 Email: subscriptions@betterfarming.com

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Better Farming is published 11 times a year by AgMedia Inc. (on the first of every month, with a blended issue in June/July).

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Fat in the human diet at as much as 35 per cent of energy intake "is associated with a lower risk of death" when compared with lower fat intake, an August study from **McMaster University** found.



The study of 135,000 people on five continents found no association between dietary fats and cardiovascular disease, the university says.

This finding is further evidence that dietary research continues to evolve, even as **Health Canada** continues work on controversial revisions to **Canada's Food Guide**. Specifically, these revisions include new limits on high-fat dairy foods and red meats.

Public consultations closed in mid-August after more than 20,000 submissions. Final recommendations are expected in 2018 and early 2019.

Principal researcher **Dr. Mahshid Dehghan** is arguing for change.

"Our hope is that dietary guidelines will be reconsidered in light of findings from the present study. Relaxing current restrictions on fat consumption while emphasizing limiting carbohydrate consumption is likely to reduce mortality. "The message of our study is

"The message of our study is moderation. Moderation in consumption of both fats and carbohydrates is to be preferred." BF

### NEW PLANT EXPORT RULES ADDRESSED

Flowers Canada Growers (FCG) are creating a resource to help members navigate border crossings, as rules are set to change in the spring for the transport of flowers in containers through the new United States-Canada Greenhouse-Grown Plant Certification Program.

This national training program should mitigate any growing pains with the new program, says **Andrew Morse**, FCG executive director.

"We want to make sure farmers are ready to transition," he says.

The federal government announced nearly \$400,000 in funding for FCG this summer.

"It's about making sure everybody has the same opportunity to comply."

An online system should be in place early in 2018 where growers can learn how new rules affect them. BF

#### **BIG BOOST FOR CROPS RESEARCH**

New research on corn, leafy greens, wheat and small grains should follow a recently announced partnership of the Washington,

D.C.-based Foundation for Food and Agriculture Research (FFAR) and seven international plant-breeding concerns.

An independent non-profit organization established under the 2014 U.S. Farm Bill, FFAR unveiled a US\$10 million commitment to its Crops of the Future

Collaborative. It's a partnership with private sector plant breeders and gene researchers, as well as the International Maize and Wheat Improvement Center and Brazil's Sao Paulo Research Foundation.

The group will focus its efforts on crop characteristics for enhanced nutritional qualities and plants' abilities to cope with environmental

challenges, such as drought, heat and flooding, a foundation statement said.

The collaborative held its first executive meeting in August. It expects to hire an executive director shortly, with first research commitments by year end.

The objective is to increase "public-private collaboration and global investment in food and

agriculture sciences," Sally Rockey, executive-

director of FFAR, said in the release.

Research results are to be shared publicly through scientific publications and information platforms. BF

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**AGM 2017** 

### **PRODUCING PROSPERITY FOR ONTARIO**

Join the Ontario Federation of Agriculture (OFA) at its 2017 annual meeting to discuss Producing Prosperity with Ontario farmers, industry representatives and political leaders.

OFA Annual General Meeting November 20 & 21, 2017 Delta Hotels by Marriott Toronto Airport & Conference Centre (formerly the International Plaza Hotel) 655 Dixon Road, Toronto

#### AGM highlights include:

- ✓ OFA leadership elections
- ✓ Leaders of Ontario's political parties will address OFA delegates
- ✓ New workshops on mental health, new national heritage regulations, communications and more

Pre-registration is required at ofa.on.ca. Follow #OFAgm17 for updates, conversations and highlights of the event on social media.

OFA: Advocating for greater prosperity across Ontario's agri-food sector.











#### OVC PROF FIRST-EVER AG WINNER

A Governor General's Innovation Award for Ontario Veterinary College prof Dr. Bonnie Mallard highlights expanding applications for her work discovering and applying High Immune Response (HIR) technology in commercial livestock.

Now in its second year, the award identifies Canadians who demonstrate creative use of new knowledge and technology, as well as their successful implementation.

Nominated by **Universities Canada**, Mallard was among six 2017 winners announced this spring and the first-ever agricultural winner.

Mallard and co-workers identified inheritable, high immune response in dairy cattle and developed a testing system for use by breeders.

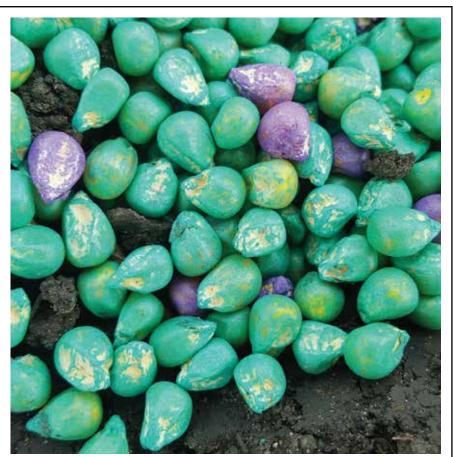
Dr. Mallard is "highly respected in the genetics side of the industry and she has committed her lifetime to proving the immunity response significance," **Linda Ness**, manager of strategic communications for **Holstein Canada**, wrote in an email.

The dairy technology is licensed to **Semex Alliance**, where Mallard's Immunity+ system is used to identify and select animals with naturally occurring, superior immune response to crucial diseases.

"We've had a very significant uptake in markets all around the world," **Dr. Steven Larmer**, Semex geneticist, said in an interview, referring to his company's marketing of semen from sires tested using Immunity+ technology.

The award is a "testament to Dr. Mallard's career of outstanding work in this field."





#### **NEW REGULATIONS FOR USE OF NEONICS**

For the 2018 growing season, some Ontario producers will need to take an extra step in order to adhere to the province's neonics regulations for corn and soybean seed.

These farmers will need to work with a **Professional Pest Adviser** (PPA) in order to purchase seed treated with **Class 12 pesticides**, which include imidacloprid, clothianidin or thiamethoxam.

Specifically, advisers will have to complete any new **Pest Assessment Reports** (PAR), which provide written proof there is a pest problem requiring the use of neonicotinoid-treated seed.

(Previously, farmers could earn certification from the Integrated Pest Management Course and complete the necessary paperwork on their own.)

Individuals who can serve as PPAs include **Certified Crop Advisers** (CCA) or **professional agrologists**, according to the September edition of **OMAFRA's** 

**Crop Talk**. The PPA cannot receive financial incentive to promote the sale of Class 12 pesticide-treated seed over non-treated seed.

Effective Aug. 1, 2017, counties that require a PPA to complete new PARs are: Dufferin, Frontenac, Halton, Lambton, Middlesex, Muskoka, Prince Edward, Stormont, Dundas, Glengarry, Toronto and Wellington. Farmers in other parts of the province will be phased into these requirements over the next two years.

Producers have a lot of questions about these new regulations, such as the cost of getting a professional pest adviser and timing considerations, according to **Ryan Benjamins**, a CCA in Lambton County.

Farmers "should plan well ahead of time and keep good records," Benjamins said.

PPAs should complete these pest assessment reports in the fall in order to facilitate spring seed orders, he explained. BF



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# FAO EXPECTS GLOBAL GRAIN RECORDS

Farm revenue protection programs could get a workout from predicted records for global grain production, according to **Alfons Weersink**, a **University of Guelph** economist.

The August Food Price Index from the Food and Agriculture Organization (FAO) of the United Nations, published Sept. 7, dipped 1.3 per cent from the previous month.

The slight decrease was mainly the result of lower cereal prices and expected record production, notably in the Black Sea region. FAO economists also expect world cereal stocks to reach an all-time high by the close of the 2018 growing season.

And the shifts won't surprise Ontario corn and soybean growers, Weersink said.

"Those supply issues relative to demand ... pushed up prices in that 2008 to 2014 period. Now we're sort of back at what farmers have been used to for a while," he said.

Trading appears to have settled lately in the \$4 range with variations depending mainly on weather-related issues. Federal and provincial government officials have begun scheduled talks over possible adjustments to farm support programs but Weersink predicted likely payouts ahead from existing **AgriStability** revenue insurance.

"(AgriStability) hasn't had to make any payouts for a while but there could be (some), given that we've had some good periods to boost up those margins." BF

#### MENTORSHIP PROGRAM LAUNCHES

This fall, women throughout the province submitted their applications for the new **Ag Women's Network** (AWN) mentorship program. The initiative, inspired by **Amanda Brodhagen**, a fifth-generation farmer and self-proclaimed agvocate, is in its pilot year.

"I am excited about matching successful mentee applicants with a 'best case scenario' mentor," said **Joan Craig**, an AWN member helping to organize the program. Craig also raises Speckle Park beef cattle with her husband.

"I believe there are many people who will want to share their wisdom and experience for the benefit of others and for the agri-food industry."

There is no age limitation for participation. "The program is for AWN members of all ages with a sincere interest in goal-setting and positive development," explained Craig.

Brodhagen, who received funding for the project through **Fido** and **Flare's** Go Get Featured contest,

is excited to see it come to fruition.

"We would have loved for (the program) to be a national opportunity," said Brodhagen. "But, due to (limited funds and experience), we're launching the pilot in Ontario only." BF



#### A FARMING LIFE: WILLIAM 'BILL' HEEMAN

Farmer and innovator. Born Dec. 1, 1933; died June 28, 2017 in London, Ont., age 83.

Bill Heeman worked literally until the day he died at the London-area retail greenhouse operation he and his wife, Susan, established 54 years ago.

The couple emigrated from Holland in the late 1950s. While Bill was a mechanic by trade, Susan was raised in a family

greenhouse business and urged her husband to enter this field.

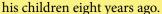
In 1963, the couple built a 10,000-square-foot (929-square-metre) greenhouse for wholesale tomatoes near a strawberry patch.

The family has since expanded **Heeman's Garden Centre** tenfold to

include greenhouses and retail facilities totalling 130,000 sq. ft. (12,077 sq. m) and 70 acres of

strawberries, Bill's grandson Will Heeman said in an interview. The business employs 85, including seven family members.

"(Bill) was 83 but he worked like he was 23," Will said. Bill remained a visible, active participant in the business even after formal succession to



"My grandfather was an innovator in a lot of things but one of the greatest things just came naturally ... making time for customers, making them feel important and answering their questions," Will said. BF



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from SCN range from 510-30 million annually, according to the Andreson, Tenuta, Welacky, and

diseases are difficult to identify and are often confused with other diseases, abiotic stresses or nutrient deficiencies, which can delay one or the most aggressive soybean root rot pathogens. The root rot phase of SDS will occur in the absence of foliar SDS symptoms. SCN and SDS continue to move to new regions in Ontario and beyond.

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# SUPPORTING RURAL ONTARIO'S HEALTH CARE

by JIM ALGIE



Hospitals in farm and remote communities face funding challenges, but experts are optimistic about the development of rural health hubs.



In mid-2016, faced with looming deficits, Grey Bruce Health Services (GBHS) officials enacted a Transformation Action Plan to match operations with revenue. Their six-hospital network serves about 100,000 permanent residents, who live generally in northern Grey and Bruce counties, and several thousand seasonal residents.

The plan includes the predictable elements, such as reducing operating costs and introducing efficiencies, often found in such plans. It also makes a case for better provincial government financial support.

Since then, Lance Thurston, president and chief executive officer of GBHS, has been raising public alarms about health care financing for rural areas, and he notes the possible consequences of the provincial funding formula for services such as surgery in local hospitals.

"I say it in every report I write: rural Ontario is under siege," Thurston said in a recent interview in his office on the ground floor of the 32-year-old regional hospital on the east side of Owen Sound.

Originally designed to house 450 beds, the hospital now has 169 beds. The hospital leases surplus space to tenants, including medical specialists. GBHS – and many other hospitals in Ontario – has worked hard to meet spending expectations from successive Ontario governments.

A former Grey County municipal administrator with a degree in health planning, Thurston oversees hospital business for Owen Sound and smaller, historic hospitals in nearby Meaford, Markdale, Southampton, Wiarton and Lion's Head.

With an annual budget of \$180 million – 80 per cent of which comes from the province – and a staff of 1,600, GBHS is one of the region's largest employers.

#### **Changing government policies**

"It's public policy decisions that are being made from Toronto," Thurston said. "It's the global economy that is forcing decisions in the private sector. These (factors) all conspire against rural Ontario, so we as communities

#### RURALHEALTHHUBS

have to figure out how to combat that."

For more than 40 years, governments led by all three major political parties have sought to restrain rising health care costs in the province's publicly funded system and have significantly altered models of governance.

As recently as June, Dr. Eric Hoskins, minister of health and long-term care, published recommendations from a panel on public health that proposed folding 36 regional public health units into 14 existing Local Health Integration Networks (LHINs). Creation of the LHINs followed changes in 2004 that scrapped 16 District Health Councils, which once advised the province on local health policy. The LHINs have also begun to absorb Community Care Access Centres (CCACs), the local agencies that once supervised home care services.

Provincial efforts at health care system reform have often put pressure on small hospitals and health services



Provincial efforts at health care system reform have often put pressure on small hospitals and health services in rural areas.

in rural areas, even though rural residents tend to be older and face more health challenges than urbanites.

In the mid-1970s, for example, Frank Miller, then minister of health, ordered province-wide hearings to consider his Progressive Conservative government's proposal to close 15 hospitals. Author Steve Paikin, in his 2016 biography of Premier Bill Davis, described an incident in the southern Grev County town of Durham where a large, unruly crowd pelted Miller with snowballs over a hospital-closing announcement in their town.

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"Part of the challenge for rural health care has been lack of co-ordinated services," Jim Whaley says.

"Government interest in rural health policy waxes and wanes," said Jim Whaley, an independent hospital and health care consultant, in an interview from his Simcoe County home office. "Sometimes they're interested and sometimes they're less interested and that's what's been happening over decades."

#### Introducing rural health hubs

And there are recent signs of government interest.

A former executive director of the now-defunct Grey Bruce Huron Perth District Health Council, Whaley has consulted widely with rural hospitals over the past 12 years since LHINs took over regional health planning. For the Ontario Hospital Association, Whaley helped prepare a rural health hub concept which lately seems to have attracted government interest as well as support from health care providers.

In August 2016, Premier Kathleen Wynne travelled to Espanola, near Sudbury, to announce \$2.5 million in funding over three years for five "rural health hubs" in Espanola, Dryden, Manitouwadge, Blind River and Haliburton. The announcement followed a 2015 government policy, named Patients First: Action Plan for Health Care.

The rural hubs will help meet the

"unique needs of rural communities" and provide "high-quality care for patients," a published statement of the premier said.

The concept of health hubs, Whaley said, is to link acute care with a variety of non-acute services in the same or adjacent buildings and to unify administrative services and hospital board supervision.

"To me, the opportunity for co-ordination is way better. Part of the challenge for rural health care has been lack of co-ordinated services," Whaley said.

Dr. Roger Strasser, dean of the Northern Ontario School of Medicine in Sudbury, also supports the hub concept, which he knows best as a proposal developed within Espanola itself.

"Models that work best in rural and remote communities are models that have been developed in the communities for the communities," Strasser said.

Likewise, Tina Schankula, an Ontario Federation of Agriculture (OFA) policy researcher, sees rural health hubs as a potential answer to her organization's long-standing concern about maintaining "equal access for rural residents to affordable, high-quality health care services."

For the OFA, health care raises

similar economic development issues for rural Ontario as publicly funded municipal and education services, all essential to the future of agriculture, Schankula said. Curiously enough, the concept of co-locating services in "hubs" has also emerged lately in government discussions about declining enrolment in rural schools.

These rural health centres are not always called hubs, and their formats seem to vary from community to community. In Blind River, for example, the town's District Health Centre has taken over management of smaller hospitals in Thessalon and Richards Landing once run by a larger health service based in Sault Ste. Marie, preserving 24-hour emergency care at all three locations.

This spring, Sarnia-based Bluewater Health announced a capital grant of \$7.5 million from the province for redevelopment of its hospital in nearby Petrolia. The joint project with the town of Petrolia will include affordable housing and seniors' services.

The announcement followed a provincial government budget that included a 3 per cent, \$11.5 billion boost for health care over three years. Budget statements referred specifically to more than a dozen hospital expansion and construction projects in places such as Niagara Falls,



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"If you have a rural hospital or a hospital that is not growing – so a small town in rural Ontario for the most part – the funding formula is not a friend," Lance Thurston says.

Windsor, Vaughan, St. Thomas, Brockville, Atikokan and Fergus.

The investments are not all about new facilities. Under the current government, a small hospital in Shelburne closed in 2010, shifting services to a redeveloped hospital in nearby Orangeville. And the new Niagara Falls hospital project has raised local objections over closings and reduced services in smaller hospitals nearby, including those in Welland, Fort Erie and Port Colborne.

The Ontario Health Coalition, a Toronto-based group including health



care workers' unions, has challenged government assertions about the adequacy of the budget for new health care spending.

A possible

sign that the province is listening to rural criticism of the funding formula is that this year's provincial budget did include money for Grey Bruce Health Services. Thurston said ministry officials have led him to anticipate more. Health Minister Hoskins also announced final approval late last year for a new \$63-million hospital to replace GBHS's aging

facilities in Markdale.

The establishment of GBHS during health care system reforms under former Premier Mike Harris responded specifically to pressure for new, regional efficiencies and seemed, until recently, to meet provincial expectations. However, funding formula changes introduced in 2012 dislodged financial expectations for GBHS and other multi-site rural hospitals, Thurston said.

"It's really more of an urbancentred funding model that is very good to hospitals that are in fast-growing, urban centres," he said of the 2012 funding policy. "If you have a rural hospital or a hospital that is not growing – so a small town in rural Ontario for the most part – the funding formula is not a friend."

The \$2.5 million in new money for GBHS in this year's budget has eliminated Thurston's expectations of a multi-million-dollar deficit in 2017. He hopes for further adjustments in provincial policy to allow the hospital to plan for future balanced budgets and to seek strong community support for provincial recognition of unique rural needs and further stability.

"The financial crunch is enabling a whole lot of local creativity," Thurston said. "Nobody wants to give up their hospital. Everybody is working really hard to find solutions." BF

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#### **ENSURING RURAL ACCESS TO DOCTORS**



Ontario's physician shortage may have eased in recent years, but a distribution problem remains between urban and rural areas.

Specifically, there is an over-concentration of family doctors in the densely populated Greater Toronto Area which is part of the "uneven distribution" of doctors across the province,

said a July report of the provincially funded Institute for Clinical Evaluative Sciences (ICES).

Researchers mapped the distribution of the province's 9,000 primary care doctors in six regions against a total area resident population of about 13 million.

"Geographic access to primary care is an important factor affecting overall population health," said Dr. Rick Glazier, ICES senior scientist, in a statement.

That challenge remains despite a series of changes since 2002 to reverse the shortage of primary care physicians. Increased intake of medical students, new methods of payment and the introduction of new multi-disciplinary models for primary care clinics all sought to ease the doctor shortage.

"We still seem to be under-doctored," said Dr. Ruth Wilson in a recent interview from Queen's University in

Kingston. A specialist in rural and remote practice, Wilson co-chaired a recent joint task force of the College of Family Physicians of Canada and the Society of Rural Physicians of Canada about rural inequities.

Canada's physician-to-population ratio in 2013 was 2.48 per 1,000, said a July report of the Commonwealth Fund, a New York-based private foundation for health care system research. This ratio was ahead of the United States at 2.46, but far below the ratios of Norway, Germany and Australia with 4.23, 3.96 and 3.31, respectively.

"I don't want at all to discount what has been done (in terms of addressing doctor shortages in Canada) because a tremendous amount has been done," Wilson said. New payment techniques essentially eliminate former financial considerations for rural physicians, and Ontario medical schools have made a concerted effort to introduce a system of "distributed education" that seeks rural-oriented candidates and places them in rural settings for part of their training.

But four years of rocky politics between doctors and the province over a new contract may have convinced some recent graduates to look elsewhere, Wilson said. She figures more can be done to support rural doctors with complex cases by strengthening their links to secondary and specialized services in Ontario. A system of national medical certification for doctors to simplify part-time service by early-career and post-retirement practitioners also could help cover rural gaps.

Ontario Health Ministry data touts a 160 per cent increase in post-graduate residency positions in family medicine between 2004-05 and 2013-14. The ministry also highlights the doubling of the number of positions for international medical graduates over the same period. Medical schools have added 260 first year undergraduate spaces between 2004-05 and 2011-12.

Dr. Elizabeth Wenghofer heads Laurentian University's School of Rural and Northern Health and figures the problem is less about supply than distribution.

"It's not about the head count; it's about where (doctors) are and how accessible they are," she said. Wenghofer also figures the challenge is less about attracting doctors than keeping them.

"Most of (the challenge)
doesn't have anything to do with being a physician," she said.

"It's, you know, does this community have the sports team that my kid wants to play on? Is this my community from an ethnic perspective or from a religious perspective? ... Is there a job here for my spouse?"

Ontario's newest medical faculty, the Northern

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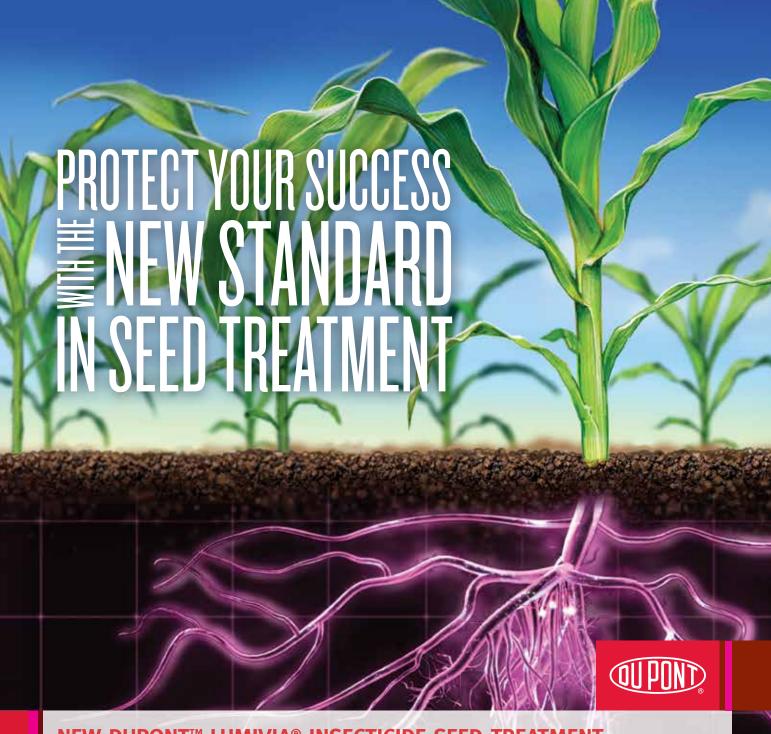
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Wenghofer



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Ontario School of Medicine (NOSM), has graduated 526 new doctors since it began in 2005. These graduates have chosen rural family medicine at almost double the national average, Dean Roger Strasser said. These figures reflect admission policies favouring residents of remote and rural areas as well as those from

francophone and indigenous communities for six years of medical education.

With campuses in Sudbury and Thunder Bay, NOSM was created to answer community concerns about health care gaps in northern and rural areas. The university recruited Strasser from rural health studies at Monash University in Melbourne, as Australian issues and challenges are comparable to Ontario's.

Doctors in rural practice everywhere "provide a wider range of services and carry a higher level of clinical responsibility in relative, professional isolation" than their urban counterparts, Strasser said.

"We're not just producing more physicians in northern Ontario, hoping that they would stay ... but (we're) actually looking to graduate physicians who are generalists (and) who have the skills, knowledge and commitment to provide care where it's needed in the

under-served rural and remote communities in northern Ontario."

The school accomplishes these aims through a curriculum and structure that places students with patients as early as the third year of undergraduate training for long periods in community clinics supervised by local physicians.

"The model we have really is making a difference," Strasser said. "If you look at those who did their MD and residency in northern Ontario, 94 per cent of those doctors are practising in northern Ontario, including 33 per cent in smaller, remote rural communities." BF







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# LESS WASTE, MORE RESOURCES

Diverting waste to agricultural land is a key to building a circular economy.





David Buurma, a Lambton County farmer, bases his business on organic waste

His company, LaSalle Agri Fertilizer, sells pelleted biosolids to farmers who use them as fertilizer on their fields.

Waste treatment plants make the pellets by treating sewage "sludge." They heat the sewage to roughly 100 C (212 F) to produce pellets that are approximately 6 per cent moisture and 94 per cent dry matter, Buurma explained.

Some processing plants remove the liquids to bring the sewage to a moisture level of 30 per cent and then add lime, he said. Adding lime kills the pathogens in the sludge.

"Once you kill the pathogens, any concern to human health is dramatically reduced," he said.

The company regularly monitors the levels of heavy metals and toxins in the biosolids to make sure that its product falls within the guidelines set by the Canadian Food Inspection Agency (CFIA).

Originally, Buurma had applied liquid biosolids, which are regulated as a Category 3 Non-Agricultural Source Material (NASM) and have to be applied on farms according to minimum separation distances from sensitive features, such as wells and waterways.

Buurma's company distributes pellets which follow the same regulations as fertilizer. "The product does not have (to adhere to) the same regulations as liquid biosolids," he explained.

And at LaSalle Agri, demand for the pelleted biosolids continues to grow.

"Every year, (the level of demand) for the product almost doubles," Buurma said, noting that the raw product he purchases in Toronto sells out a year in advance.

The business has the potential to grow under the Waste-Free Ontario Act, which was enacted in June 2016 and contains two acts within it: the Resource Recovery and Circular Economy Act, 2016 and the Waste Diversion Transition Act, 2016.

continued on page 27

#### SUCCESSFUL EXAMPLES FARTHER AFIELD



As Ontario implements new regulations for managing organic waste, the province can look to other places, such as Nova Scotia, which already has such waste diversion measures.

One of these initiatives includes the production of a large-animal bedding material from pre- and post-commercial wallboard and wood fibre that otherwise would be sent to a landfill.

After noticing that producers were having difficulty accessing bedding, Lise LeBlanc, president of LP Consulting, worked with Divert NS, a not-for-profit corporation that operates recycling programs in Nova Scotia, and Halifax C&D Recycling, to create this product.

In addition to providing bedding for animals, the product also serves another important purpose.

"Since the wallboard is made with gypsum, (the bedding) has lots of calcium and sulphur," said LeBlanc. "So, when the bedding mixes in with manure and is then spread onto land, it provides additional nutrients to the soil."

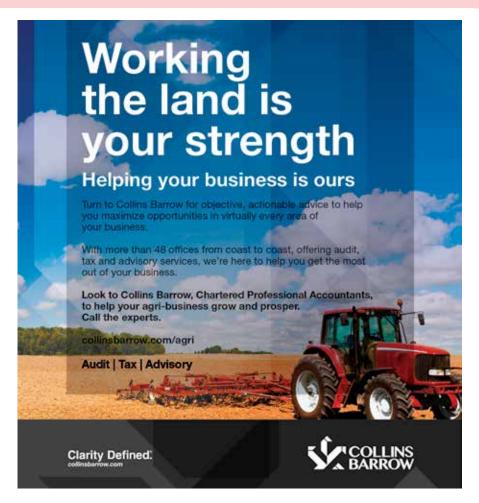
Nova Scotia banned organic materials from landfills, so the innovation didn't end with livestock bedding.

Farmers are also using wood ash, which is created by biomass plants that burn wood to generate power, on their fields as a fertilizer and a source of lime that is more economical than fossil-based products, said LeBlanc.

"We are diverting this renewable resource from landfills," she said. "Farmers can put the wood ash on their land and (use fewer) inorganic fertilizers."

LeBlanc, like Geoff Boyd of Walker Environmental, believes that the government needs to be involved in the use of these waste-to-resource products.

"The government doesn't do enough to support the initiatives that encourage the reuse of all of these different materials," she said. "That's the missing link. They put the regulation in, but they may not encourage and support the use of the recycled product." BF





David Barr photo

#### continued from page 25

However, Buurma said that restrictions on the times when the recycled sewage products can be applied to fields could present challenges.

"Some of these products don't have a very good storage life," he explained. "They will heat up if not stored well. So not being able to apply (the product) in the winter is really going to hurt this industry." (In Ontario, manure and other agricultural source materials cannot be applied between Dec. 1 and March 31 under the Nutrient Management Act, 2002.)

While other products, such as commercial fertilizers and regular manures, could wash out over the winter, the pelleted biosolids would not, Buurma said.

"The product doesn't break down until we have warm weather and microbacteria to break it down."

The aims of the Waste-Free Ontario Act – namely, keeping organics out of the landfill – "might fight against" the province's regulation of the timing of fertilizer applications, Buurma explained.

#### Possibilities beyond sewage sludge

Selling pelleted biosolids is just one example of a business that could flourish under the Waste-Free Ontario Act.



LaSalle Agri Fertilizer sells pelleted biosolids to farmers who use them as fertilizer on their fields.

Walker Environmental, a division of Walker Industries Inc., is another company diverting waste from landfills and making money while doing so.

"We have two large compost facilities here in Ontario, along with a national grease trap and a used cooking oil collection business (which sends the waste to anaerobic digesters to be converted into renewable energy). There is also a mulch production business (which creates a variety of mulches for consumers)," said Geoff Boyd, general manager of organics at Walker Environmental.

"Basically, almost anything that has value and can be kept out of a landfill is worked into (our) business to create (new) products." Walker Environmental also has seven biosolids management facilities across Canada which use the patented N-Viro Process. The process uses advanced alkaline stabilization to create fertilizer.

"We mix de-watered biosolids from the municipality, where our plant is located, with lime and create a pasteurized fertilizer product that is then typically sold (for agricultural use)," explained Boyd.

"Some of it is used for land reclamation as well, but probably 90 per cent of (the fertilizer) is used for cash crop production and pasture land."

Because the full implementation of the Waste-Free Ontario Act is looming, Boyd believes there will be





lots of opportunity for the industry to expand, particularly into organic waste.

"The provincial government is looking to implement some sort of organics ban in the short term (and that) would make an incredible amount of waste that is now going to landfills available to be processed," he said.

"That (reduction) will require a lot more facilities that can process waste, (such as) compost facilities or anaerobic digesters. It will just be a matter of permitting and locating these facilities and then having a market for all of the product at the end of the day."

#### Strict regulations ensure safety

The increased use of organic materials seems possible, so farmers, waste-to-resource businesses and the government must reassure the public that these products are safe and highlight the importance of these resources.

"Most people don't know a lot – or anything – about what happens to waste when they put it out in the green bin or at the end of the curb or even when they flush the toilet," Boyd said.

Public education will become particularly important because elements of commercial fertilizers, including phosphorus and potassium, need to be mined and are only available in a finite supply. So, farmers are seeking alternative products that carry additional benefits.

"People are starting to realize that (maintaining healthy soil and crops) is not just all about fertilizer," said Boyd. "You've got to keep your soil healthy, you need to add organic matter, and you need to have a strong biological community in your soil."

For NASM that isn't processed to be a fertilizer regulated by the CFIA, the provincial government has strict regulations in place.

NASM includes leaf and yard waste, fruit and vegetable peels or culls, food-processing waste, pulp and paper biosolids, and sewage biosolids, said Dale McComb, environmental management specialist with the Ontario Ministry of Agriculture, Food and Rural Affairs (OMAFRA).

"The safe application of NASM to farmland has been practised for more than 30 years," said McComb. "Regulation ensures that NASM meets strict criteria before it is applied to land to minimize the risks to the environment, human health, crops and Ontario's water supply."

To be legally applied under current government regulations, the material must provide one of four benefits, said McComb.

"The material must: (1) supply a minimum amount of nitrogen,



phosphorus and/or potassium; (2) have the ability to raise the pH of the soil; (3) supply a minimum amount of organic matter; or (4) supply irrigation water for dry times of the year," he said.

The regulation also "sets out how much material may be applied, how and when the material may be applied and establishes setback areas where the material may not be applied to manage the potential environmental impact on sensitive features like wells, streams and neighbours."

While NASMs are more heavily regulated than CFIA-approved fertilizers, they will still play an important role under the Waste-Free Ontario Act.

The Food and Organic Waste Framework, part of the act, is scheduled to be released this fall. The framework will include an action plan and a policy statement.

"The Food and Organic Waste Framework will include actions to increase the diversion and processing of food and organic waste into beneficial end-products, many of which may be suitable for landapplication as non-agricultural source materials," a statement from the Ministry of the Environment and Climate Change (MOECC) said.

"This (framework) will serve as a critical part of building a circular economy for food and organic wastes

in Ontario, as well as promoting the innovative environment required to support Ontario's Agricultural Soil Health and Conservation Strategy."

The diversion of "food and organic wastes for beneficial uses is a key component of building a circular economy in Ontario," the MOECC said.

The government plans to implement the framework in the spring.

### Reuse of organic materials benefits everyone

The benefits of using products such as organic fertilizers and NASM are widespread, said McComb.

"Many industries, such as food processors, benefit because they have access to another option for managing unsaleable material."

The public also benefits because these materials are diverted away from the landfill.

"And farmers benefit because they have access to an additional source of nutrients and organic matter to supply to their fields," said McComb.

Organic materials, such as those regulated as a NASM, provide a fertility boost for soil, said Bryan Cook, agronomist and owner of Cropland Consulting Inc. in Prescott.

"There's a nitrogen credit there for the following year," said Cook.

"There's a relatively large amount of phosphorus credited from the



Walker Environmental displays some corn grown with its N-Rich product.

material. It's not always plantavailable in the year after application, but it's there and it will become available at some point."

Before spreading a NASM on land, farmers need to take a few things into consideration, said Cook.

Firstly, nutrient management regulations require the soil to have a pH level of six or higher, he said.

Secondly, producers need to think about their crop rotation.



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"For producers growing small grains or winter wheat, there is a wider window of opportunity to apply the material," said Cook.

"You can only apply NASM (before) Dec. 1."

Farmers growing small grains, such as spring or winter wheat, have a much wider opportunity to receive material, he said.

Lastly, producers should consider the field location before they apply materials.

Areas that are low profile and sparsely populated are favourable because of the large number of trucks that move the material through, said Cook.

However, having a NASM plan approved does not guarantee the farmer will receive the product.

"There's only so much of this material," said Cook. "We get requests for material all the time, but it's a

limited resource. There is not enough product available to supply to everyone who wants it."

#### Perspectives have changed

While this NASM shortage is a challenge for some producers, there is a silver lining.

The shortage demonstrates that the use of organic materials on agricultural land is becoming more widely accepted.

"I think that the perception is shifting away from getting rid of a waste and moving towards utilizing a resource," said McComb.

The next challenge in waste diversion will be fostering more communication between agriculture and other industries, said Lise LeBlanc, president of Nova Scotiabased LP Consulting, a company of three agrologists working to improve agricultural production.

"If the industry that is producing a waste that could be a potential resource doesn't understand agriculture – and vice versa – it makes it really hard to develop a successful program," said LeBlanc.

"So any of these types of programs will generate more co-operation between industries. We still have some barriers that we need to overcome." They are grounded in needing to understand each other.

However, waste diversion and resource reuse will be necessary to sustain our society, Boyd believes.

"I think it's really important that we recycle the nutrients instead of putting them into the landfill," he said. "We're going to have to recycle everything we can, as much as we can. The sooner, the better."

Technology is improving, so processors can overcome challenges associated with these products, and farmers can use materials more efficiently.

For example, some applicators can inject organic materials below ground to minimize surface disturbance, Cook noted.

"Just because we don't have the idea now doesn't mean we are not going to come up with sustainable solutions," said LeBlanc. BF



# Enthusiasm for local food crashes website: selling "local food love" on social media



he Ontario agri-food sector is always seeking new, innovative ways to promote local foods to consumers.

Recently, two grower organizations - Ontario Pork and the Ontario Apple Growers - have seen great success engaging with consumers through social media and other avenues, thanks to financial support from the Government of Ontario in partnership with the Greenbelt Fund.

Ontario Pork's goal was to highlight and promote delicious, yet underutilized, cuts of pork. The group partnered with Osteoporosis Canada and Heart and Stroke to create a factsheet on pork's important health benefits as well as multiple heart-healthy recipes. It then promoted these resources through social media and product demonstrations, using a \$41,500 grant from the Greenbelt Fund.

#### **Engaging bloggers**

"We had a large involvement with Facebook," explains Susan Fitzgerald of Ontario Pork. "Food bloggers picked up on our objective and promoted a huge variety of pork recipes, from simple to complex. We also explored some sponsored events, with demonstrations in "early years" centres and high schools, and in-store samplings in Loblaw's stores." The organization also held webinars for dieticians and other health care professionals.

Ontario Pork reports that the campaign exceeded all of its objectives, with "views" of its six videos topping 443,000 – almost double the target. In addition, the original six recipes ballooned into an entire healthy recipe booklet, which hit 225,000 "reaches" through

bloggers - triple the goal.

Similar success was had by the Ontario Apple Growers. It used \$49,000 from the Greenbelt Fund to increase consumer awareness of the versatile nature of Ontario apples and the Foodland Ontario brand.

#### **Personal touch**

First, ten bloggers were selected and introduced to Ontario apple production. "We took them on a farm tour last fall, where they could learn directly from an experienced apple grower," explains Kelly Ciceran of Ontario Apple Growers. "We encouraged them to ask questions about all stages of apple production." The bloggers were later taken on another tour of storage and packing facilities, allowing them to understand how Ontario apples are made available to consumers year round, how apples are graded and many apple products.

Blogger Charmian Christie, a culinary instructor and author of the blog "The Messy Baker" says that "as a culinary professional, farm tours are invaluable. When I say "I've been to the orchard" or "I've see the apples being washed and packed," I have a level of authority no amount of Googling can recreate. As a result, my students and readers are more engaged, ask more questions and are more eager to shop Ontario."

Each of the bloggers then created three recipes that they posted to their blogs and shared through a variety of social media. "We also compiled these 30+ recipes into an e-Cookbook that was available for download from our website in nutrition month, March of 2017," Ciceran explains. "The e-Cookbook was



so popular upon its release that the website crashed."

Navigating the blogosphere and social media can be daunting, particularly for individual farmers whose busy days don't leave much time for online marketing. As Ontario Pork and Ontario Apple Growers demonstrated, grower organizations can benefit their members by taking on this opportunity and reaching consumers in new ways.

"We believe the Fund is making a big difference in spreading the "Local Food Love" throughout Ontario," observes Ciceran, "helping consumers realize how delicious and easy local food is to access."

The Greenbelt Fund changes the way we eat by investing in projects that bring more Ontario food to Ontarians' plates, with financial support from the Government of Ontario.







Nestled in the Slate River Valley in the shadow of the Nor'Wester Mountain range, roughly 12 miles (20 km) south of Thunder Bay, brothers Walter and Martin Schep continue a tradition of farming and cheesemaking that originated with their maternal grandmother in Holland.

Walter and Martin's grandmother made gouda cheese. Now, the brothers carry on that tradition through Thunder Oak Cheese and Thunder Oak Farm, with regular help from their parents Jacob and Margaret.

"We still use my grandmother's recipe," says Walter. "With a few tweaks along the way."

In 1995, Jacob had the idea of making gouda cheese right on the family farm. At the time, the family was limited in the amount of milk they could ship in the quota system and any over-production went to waste.

Eventually, with the approval of the Dairy Farmers of Ontario and the Ontario Ministry of Agriculture, Food and Rural Affairs, Jacob started to produce gouda cheese and Margaret sold it directly from the family farm.

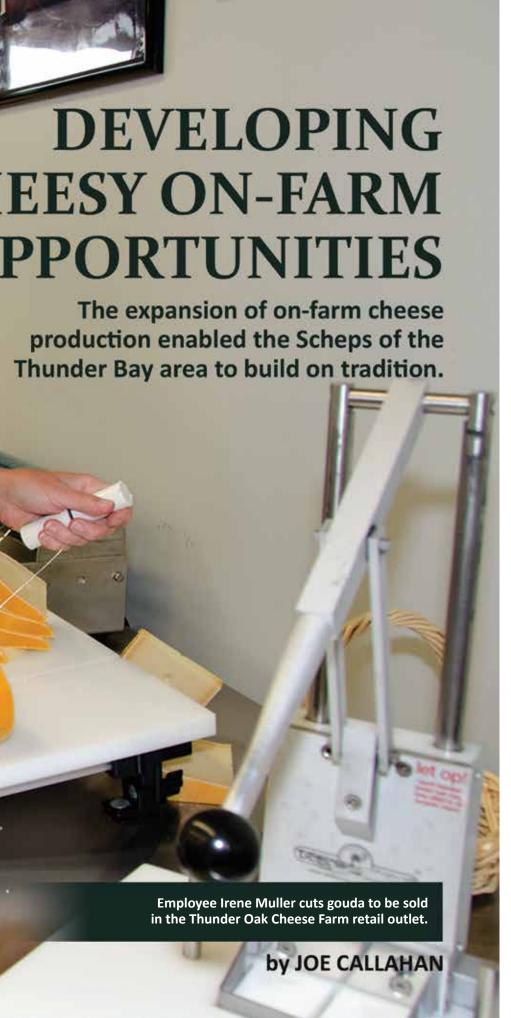
"In Holland, everyone made cheese in the summer," says Jacob.

The cheese production eventually became part of succession planning for the Scheps. When Walter and Martin were planning their careers, they had a choice between adding quota or expanding the cheese production. The brothers opted for the cheese production.

In 2007, Walter and Martin took over the operation from their parents and split it into two: Martin produces the milk through Thunder Oak Farm and Walter manages the cheese production through Thunder Oak Cheese. The retail facility operates under the name Thunder Oak Cheese Farm.

In 2013, Walter built a new 6,500-square-foot (604-square-metre) building where the family makes gouda. The new building is about a mile (1.5 km) from the Schep farm.

Half of what the family produces is sold directly from their own retail outlet. Thunder Oak also sells its



#### **FIELDTRIP**

products to 25 retailers and 20 restaurants, mainly in the Thunder Bay region. The family produces over a dozen varieties of gouda, including garlic and black pepper with "truffle" gouda as the most recent experiment.

In April 2015, Martin installed a two-robot milking operation where he milks 80 cows, most of which are Holsteins. He ships all but one day's milk per week directly to the Thunder Oak cheese house just down the road.

The decision to expand the operation the way the family did was a "win-win" for everyone and the robot operation gives him flexibility, Martin says.

"The same chores need to be done, but you're not stuck at the barn at 5 in the morning and 5 in the afternoon," says Martin. "If I want to take my kids to hockey at 5 in the morning, I can. I still have to do my chores but I just do them later."

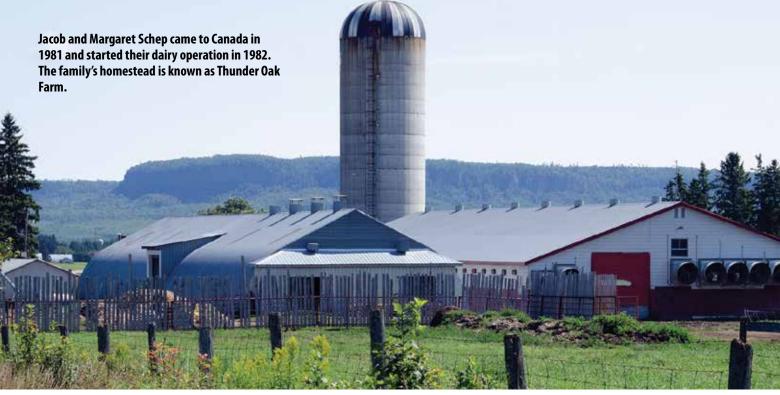
Both Walter and Martin feel that the decision to expand the cheese production in the farm operation worked well for the family as a whole and for their parents in their retirement.

"In the end it worked out nice," says Walter. "My dad ended up working for my brother and my mom ended up working for me." BF

### The Thunder Oak Cheese production facility and retail outlet is located about a mile (1.5 km) from the Schep homestead.











Walter prepares the pasteurizing equipment.









Employee Darian Almgren prepares the cheese moulds for the day's production. Thunder Oak Cheese produces about 882 lbs (400 kg) of cheese three times per week.





Walter connects stainless steel pipes in the pasteurizing room, getting ready to begin the cheese production process.



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Trucks November 2017 Promotional Supplement 3



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- † When properly equipped. Maximum payload of 7,630 lbs. on F-350 DRW 4x2 with 6.2L V8 gas engine. Class is Full-Size Heavy Duty Pickups over 8,500 lbs. GVWR based on Ford segmentation.
- ^^ Class is Full-Size Pickups over 8,500 lbs. GVWR based on Ford segmentation.
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**Promotional Supplement** 



Trucks November 2017 Promotional Supplement

## OTTAWA TO ORANGEVILLE: FARMING FOOTPRINT

#### Kelsey Banks moved from her family operation to start her own grain and pumpkin farm in Dufferin County.

Having a passion for agriculture and connecting with others have proven to be beneficial for 24-year-old Kelsey Banks.

She grew up on a small farm south of Ottawa, where her family grew asparagus, pumpkins, potatoes and gourds. They sold their produce at a roadside stand.

Now, she is in the second year of farming on her own at her grand-parents' former farm in Orangeville.

Her grandparents had a Black Angus cow-calf operation but Banks decided to try something new.

"I've been working on producing something a bit different – winter wheat, IP (identity preserved) and RR (Roundup Ready) soybeans, and pumpkins!

"Last year was my first year farming alone, (so) I learned a lot about farming and where I really want the farm to go," says Banks, who also works full-time at Alltech in Guelph as a marketing specialist.

"I enjoyed the experience so much that, this year, I have increased my

pumpkin acres and I opened the farm up to the public every weekend in October for a pick-your-own Pumpkin experience."

The former Spencerville Fair Ambassador hopes to help others understand where their food comes from, while helping agriculture share its many stories.

From managing the *Travellin'* Farmer display, which made its way through several eastern Ontario events to teach the public about food production, to opening up her farm to the public to harvest their own pumpkins, Banks has already made an impact in the industry.

#### Describe your role on your farm operation.

I think, like (with) most farmers, it depends on the day. I work with my dad, who is still in eastern Ontario, to figure out what needs to be done. I either hire (someone) or work to get it done.

Sometimes I play (the role of) mechanic, chemist or agronomist,

or anything else that needs to happen to make sure I reach my goals for the farm.

#### How many people does your farm employ?

Last year, I only employed a custom worker to help with planting, spraying, etc. This year, with the pick-your-own, I hired a couple of part-time workers, plus the custom worker for the grain side of the business.

#### Hours you work per week?

This is a tough one, as I also balance a full-time job. For the farm, I usually put in anywhere from 10 to 40 hours a week, depending on the time of year.

#### Hours a day on a cellphone?

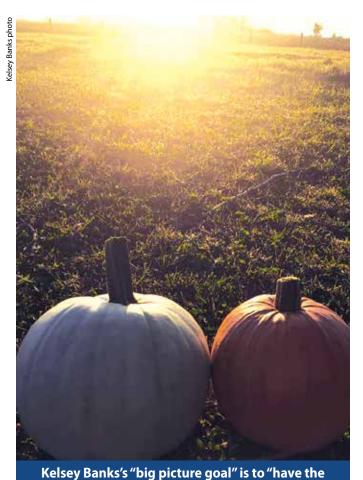
For the farm, at least two hours. For my full-time job, a lot!

#### What about using your smartphone?

As my dad is still in eastern Ontario,



"Last year was my first year farming alone, (so) I learned a lot about farming and where I really want the farm to go," says Kelsey Banks.



and I really value his opinion and agronomic expertise, FaceTime or even photo sharing has been extremely important. If I see a weed or some type of disease that I

residents of Orangeville know our farm as the place

my dad.

Also, there are some great applications out there that help.

may not know, I usually take a photo of it and send it to

#### Do you prefer email or text?

Email, definitely! I am known to look at a text, answer it in my head, but I forget to (respond) ... whoops!

#### Any favourite apps?

Social media apps – especially Twitter to see what other farmers are doing and experiencing from around the world – and The Weather Network.

#### How often do you travel?

I rarely travel on personal time as I have to balance my full-time job with the farm. So, the farm usually fills up most of my personal time. I am working on balancing this!

For my full-time job, though, I travel a bit. The nice part about working in agribusiness is (that, with) the places I travel to, I can learn things not just for (my off-farm) job but for the farm as well.

#### What do you like best about farming?

I love seeing all of my hard work grow into something beautiful that helps people by feeding the world. The reason I love growing pumpkins is because I get to see people's love for "pumpkin spice everything."

#### What do you like least?

I dislike the amount of stress I feel during planting and harvesting – especially this year's planting when the wet weather would not go away.

#### What is the single most important lesson you've learned?

Patience. I'm a driver-type of personality and I don't like having obstacles that stop me from moving something forward. I have learned that patience is key in everything farming entails.

You may have a million things to do in only a short amount of time, but you have to be patient, relax and believe you WILL get (everything) done.

#### What's your guiding management principle?

When in doubt, call Dad. He has all of the answers!

#### Are you involved in any committees, associations or volunteer efforts?

I'm involved in the Junior Farmers' Association of Ontario, Ontario Soil and Crop Improvement Association, Dufferin Federation of Agriculture, Canadian Agri-Marketing Association, Ontario Farm Fresh Marketing Association and I'm a 4-H leader in Dufferin County ... I think that's it.

#### What was the last book you read?

The Power of Habit: Why We Do What We Do in Life and Business by Charles Duhigg.

#### What's your most important goal?

Right now: grow the farm business to a point where I can buy my own equipment.

Big picture goal: have the residents of Orangeville know our farm as the place to go for pumpkins and a great family experience.

#### What's the best time/your favourite time of day?

Sunset! Anyone who follows me on social media can probably guess this.

#### What was your most memorable crop/production year?

As this is only year two for me, I would say that last year was the most memorable.

I had just moved from eastern Ontario and only knew a few people in the area. It took me awhile to figure out who I had to go to in order to even purchase seed.

Luckily, I had the drive and this year has been easier on that front. However, Mother Nature is another beast herself. BF



#### **SUCCESSION PLANNING** TAX CONSIDERATIONS

#### Experts weigh in to help make the topic of taxation on farm business transfers less daunting for producers.

As producers who have created or are creating succession plans may know, a more complicated element of the process is the taxation implications of their decisions.

And there may be some important

changes looming, as the federal government's proposed tax changes may come into effect on Jan. 1, 2018.

To help producers gain a better understanding of the current taxation situation, as well as of how the circumstances could change if the government enacts its proposals, Better Farming connected with three industry experts.

Specifically, we chatted with two accountants specializing in farm businesses – Coralee Foster, a partner at BDO Canada's office in Mitchell, and Anne Van Delst, a partner at Ginsberg Gluzman Fage & Levitz, LLP, in Ottawa. We also discussed the proposed changes with Mark Wales, a fruit and vegetable grower in Aylmer and a director with the Ontario Federation of Agriculture (OFA).

And these experts highlighted some notable implications for agriculture.

"Some of the (government's) proposals appear to have created issues for family farms that were not intended," said Foster.

"There was nothing in the proposals that was directly targeted at family farm operations but some (aspects) may unfortunately cause (these businesses) to be scooped up in the reforms."

Van Delst echoed the inconvenience that the proposed tax changes could place upon Canadian farmers.

"The government is currently looking at introducing rules that will limit the ability of farmers to income

split, use family trusts, and transfer the farm to children not active in the operations," she explained.



#### **Current structure**

Under the current taxation structure, the federal government has favourable rules to allow for the transfer of farm assets to a child or grandchild, Foster

So, worries about taxes should not top the list when creating a succession

"The primary consideration in a farm succession plan needs to be making sure that the plan will result in the appropriate assets going to the appropriate person and then seeking to make (the plan) the most tax advantageous," she explained.

However, when farmers move from a consideration of successors to the process of succession, there are multiple taxation elements to consider.

"Every individual has a capital gains exemption of \$1,000,000 available in his/her lifetime to offset gains on defined farm property," said

Succession plans can ensure producers effectively use this Lifetime Capital Gains Exemption (LCGE).

There is also a substantial tax benefit available to family farms," she added.

"Intergenerational transfers from

parent to child or grandchild can happen without the entire gain on the transferred asset being taxed.

"If farm property is transferred as an inheritance on death, or is sold during the lifetime of the farmer for proceeds that don't exceed the tax cost of the property, the accrued gain will be transferred to the next generation and the tax liability can be deferred until the property is eventually sold to a third party."

This benefit can apply to personally held assets such as real estate, quota, interests and shares.

Intergenerational transfer rules do not apply between siblings, however, nor do they apply between an individual and his or her nieces and nephews.

By creating a succession plan, families "can ensure that all criteria are met to allow for the (farm business) transfer to qualify for this treatment (of LCGE)," Foster said.

As for the structure of the transfer. the asset is usually sold for less than fair market value and may include a gift component, Foster explained.

"The proceeds may be paid out all at once or over a period of time," she said. "Lots of flexibility can be built into the repayment terms."

To allow for even greater tax benefits, families should also consider how the farm may be divided in the future.

Foster used the example of a family that has two children, whose parents jointly transfer the farm assets to them using the intergenerational rules.

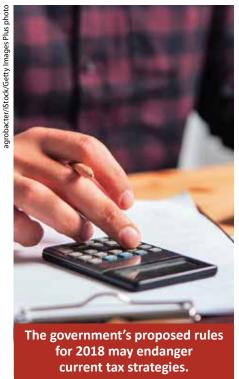
"If those two children eventually wish to operate separately, there are no equivalent transfer rules between siblings," she said.

"So, any transfer of assets between them will have to happen at fair market value for tax purposes. This (valuation) may trigger a significant tax liability. If the parents transferred



**Anne Van Delst** 





certain assets to one child and other assets to the other (child), this problem could have been avoided."

Unlike other industries, owners of fishing and farming businesses can currently transfer properties within the direct blood line for less than fair market value – however, the transfer price must be above the cost of the asset.

This below fair market-value sale price is allowed "in recognition of the high capital investment needed in farming (and fishing)," Van Delst explained.

For families to ensure that all aspects of the succession plan can be appropriately addressed and implemented, Van Delst recommends that they complete tax planning at least five years in advance of any anticipated changes in ownership.

"Appropriate tax planning can ensure farmers have a structure in place that allows them to pay minimal tax by taking advantage of the lower tax rates of all family members," said Van Delst.

In the past, producers have used corporations and trusts to achieve such results, she explained. These corporate structures must be in place for at least two years prior to the anticipated sale or transition to





Anne Van Delst recommends that families complete tax planning at least five years in advance of any anticipated changes in ownership.

ensure that the qualified farm properties will be eligible for the LCGE. Ninety per cent of the fair value of the assets must be used in active farming operations on the date of the sale to qualify.

However, the government's proposed rules for 2018 may endanger current tax strategies.

#### **Proposed adjustments**

Allan Sawiak, Kingston Ross Pasnak LLP partner, Chartered Professional Accountant and Canadian Association of Farm Advisers (CAFA) member, outlined in a July release the multiple changes that could affect family farms.

The first main change involves the Capital Gains Deduction (CGD), which is an amount equal to 50 per cent of the LCGE that offsets net income when calculating taxable income. The second change relates to the practice of income splitting.

"After Dec. 31, under the tax proposals, using your child's CGD on eligible farm property will be subject to various restrictions," Sawiak said in his statement.

One of these restrictions requires

that the government carries out a reasonableness test on "all capital gains realized on farm partnership interests and shares in a farm corporation earned by an individual who is related to the farmer."

Any gains that fail this test will be subject to the highest tax rate.

For example, the highest personal tax rate in Ontario for 2017 is 53.53 per cent.

In addition, children under the age of 18 "will not be allowed to use their CGD on any property, including eligible farm property," said Sawiak.

Children will also be unable to utilize "their CGD on the appreciated value of eligible farm property that built up (prior to) their 18th birthday," he said.

Unfortunately, these proposed changes may cause difficulties for producers creating succession plans.

"The tax changes being proposed will make it easier and cheaper for farmers to sell their farm business shares to a stranger rather than to their own child or grandchild," said Van Delst.

"This (change) does not make sense if we want to see farms continue to transfer to the next generation."

If the new tax laws are put into place, "any farmer who has incorporated his/her business will need to review his/her succession plan with (an) adviser to ensure (the current) tax plan makes sense under the new rules," she said.

Under the proposed rules, farmers will need to pay closer attention to the transactions and operational involvement of related individuals between the ages of 18 and 24.

While families with incorporated farms will be the first to be hit by the changes, they may not be the only group to face difficulties, according to Mark Wales, an OFA director.

"Formal partnerships may face difficulty in fully accessing the LCGE as well during an intergenerational transfer," said Wales.

"Typically, a farm couple who is preparing to transfer the farm assets will evolve (the operation) from a partnership or sole proprietorship to an incorporated (entity). Then, they will transfer shares gradually to the next generation."

In order to ensure the children aren't left with a large tax burden,

"farmers have (previously) been able to use their lifetime exemptions and some — or all — of the children's exemptions," said Wales.

However, under the proposed tax changes, "the use of the next generation's LCGE during the transfer of farm assets or shares will be more difficult and may require a large increase in professional fees for things (such as) property appraisals every time (one) of the children (reaches the age of) 18."

When succession planning, families may also want to consider discussing other farm investments.

If the proposed changes are approved, corporations with an AgriInvest account, for example, could face a tax of up to 70 per cent on the passive investment, Wales said.

"This program is about putting money away to deal with sudden downturns in farm income," he said. "The government has encouraged farmers to assume (a larger) share of managing risk on the farm and now they want to further tax the money that you put into their program."

So, while the transfer of farm assets will be subject to many restrictions, families may also want to discuss the future of investment planning.

#### Where to start

As the situation currently stands, "farming income that is reported on personal income tax returns can be exposed to substantially higher tax rates, since all income is taxed on the farmer's personal tax return," said Van Delst.

"However, if you were to report income within a corporation, you would not need to pay personal tax on the entire amount – only on the amount you withdraw personally," she explained. "If an individual earns more money each year than he/she needs for day-to-day living expenses, it may be time to consider incorporation."

Farmers could retain the excess earnings in the farm corporation for them to be taxed at lower corporate rates, said Van Delst.

These decisions associated with

succession planning and finding the best taxation plans can be made by producers with the help of qualified professionals.

For producers who are interested in tackling their succession plans, Van Delst suggests having a professional team that includes "a tax accountant, a lawyer, a banker, an investment adviser and a life coach, (where applicable)."

Like all business owners, farmers

should consider using these specialists to assist in tax and business planning, she said.

"The CAFA website provides contact information for professionals across Canada who practice within the agricultural industry."

Farmers should review the existing farm business structure with these advisers yearly, as small changes may need to be made as time goes on, Van Delst explained. BF



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## TRACKING THE IMPACTS OF HURRICANES

Severe weather can wreak havoc on crop quality and affect the ag markets.

Arlene, Bret, Cindy, Don, Emily, Franklin, Gert, Harvey, Irma, Jose, Katia, Lee, Maria and Nate! It's not surprising if you perhaps thought of this list as a rollcall.

Unfortunately, it's not from a school classroom. Rather, these are the named storms (as of Oct. 10) that raged in the Atlantic Ocean this year.

Some of the hurricanes attained Category 5 status, which is the highest category in terms of intensity and magnitude, at some point during their rampage.

Weather experts forecasted this year's Atlantic hurricane season to

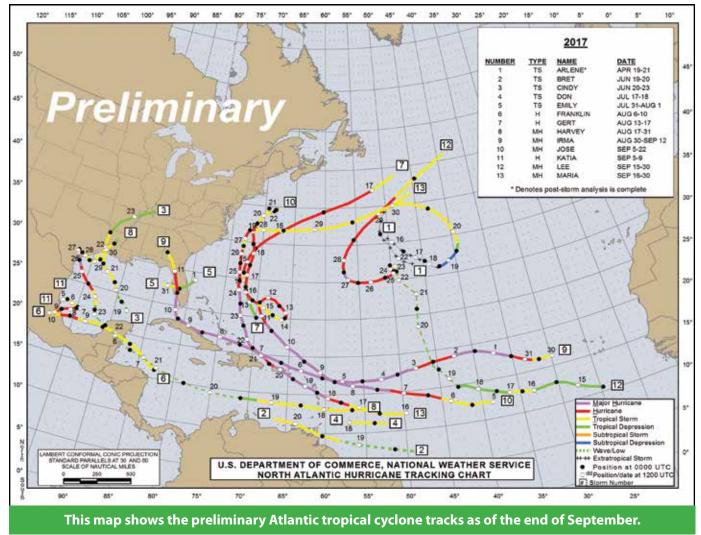
have more named storms than usual because of a unique combination of prior weather signals – weak vertical wind shear, weak El Niño weather pattern, and above average ocean surface temperatures. And this season is shaping up to be one of the most active on record.

As of Oct. 10, the Atlantic has seen 14 named storms, nine of which became hurricanes. In recorded history, only eight other years have generated seven or more Atlantic hurricanes by the same point in the season, experts say.

The Caribbean Islands were in the

eye (centre) of many of these latest storms but the hurricanes also inflicted pain on the American mainland. Notably, Hurricane Irma followed Hurricane Harvey – and both were "major" hurricanes that severely impacted the United States in the same year.

These occurrences caused the weather watchers to open up the history books as well. Hurricane Harvey, for example, was the first major hurricane to make landfall in the United States since Wilma in 2005, ending a record 12-year drought in which no major hurricanes made



Source: National Weather Service/National Hurricane Center

landfall in the country.

The financial markets – especially the agricultural markets – took keen notice of the severe weather. The economic impact of these two significant natural disasters, hitting in close proximity to one another, disrupted the regional economies in the affected areas. Typically, for example, when there's hurricane damage to local infrastructure, steel stocks are buoyed because people will need to rebuild.

In late August, Hurricane Harvey destroyed an estimated US\$150 million worth of cotton. This value may be small when compared to the total American production, which the nation's authorities estimate to be approximately 20 million bales.

Hurricane Irma left a trail of devastation in Florida's citrus and sugarcane producing areas. Orange juice futures, for example, spiked as the state's best-known agricultural export product suffered. Florida is the world's second-largest orange producer, behind only Brazil.

The most recent estimates of the

damage to Florida's orange trees put the state losses as high as 70 per cent. That devastation could lead to orange shortages, price hikes and, for farmers, lost harvests. These challenges are all on top of citrus greening, a debilitating plant disease, and a long-term national decline in orange juice consumption.

The fallout of the hurricanes also boosted raw sugar futures. (Florida sugar cane is responsible for a quarter of the American sugar production). Sugar prices are affected by oil and ethanol prices, which rise as a result of the severe weather damages. Heating oil futures spiked due to the anticipated demand-supply crunch for the commodity, due to the hurricane impact.

Hurricanes also disrupt livestock demand and logistics, which was the case with Harvey and Irma in the affected American areas. For example, in North Carolina, America's secondlargest producer of hogs and turkeys, storm preparations led livestock operators to stock their grain bins with extra feed, in case the roads washed out. These impacts, however, are usually temporary in nature.

Agricultural production losses due to the latest hurricane activity in the United States may be small in comparison to total production. Local farmers and communities, however, lose the most and all they can do is prepare for the worst and hope for the best.

Any near-term spike in futures, like those for cotton, orange juice or sugar, should be hedged when associated with hurricane activity, since they may not be long-lasting. For American agricultural supplies affected by hurricane damage, the major worry may be over quality rather than quantity. BF

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## WEATHERING MOTHER NATURE'S IMPACT

#### Temperature inversions and delays in CHU accumulations made the 2017 growing season one to remember.

No matter where you go in Ontario, someone is sure to bring up a discussion of weather in any conversation – especially in the farm community, as everything we do depends upon the weather events that have occurred to date or that are forecasted.

Weather influences many areas of crop production. There are, however, two main areas where the influences are felt more. One is well known and documented, while the other is more of a phenomenon.

First, crop heat units (CHUs) are one of the more disciplined, well-defined and systematic ways to track accumulated heat and crop growth stages. The other area is temperature inversion, which has become more of a concern with the introduction

of the new formulations of dicamba, used on dicamba-tolerant soybeans.

#### **Tracking corn heat units**

The 2017 growing season took us on quite a ride across Ontario. A promise of an early spring in late April soon turned into a cool, wet period through early May. As a result, our corn and soybean planting season extended all the way into June. For the balance of the year, we struggled to maintain a steady pace of CHU accumulations and we faced sporadic or sometimes intensive rain events.

We often talk about CHU accumulation but seldom do we appreciate or understand how these figures are calculated.

Most farmers start to think about CHU accumulation when they notice that crop development is slower than they anticipated, or when we have some really cold nights and their concerns turn to the danger of a damaging frost. Then the question becomes: where are we on CHU accumulation versus last year? Are we further ahead or falling behind?

As we all know, corn is a warm season crop. Its rate of development is determined by how much heat we accumulate.

CHUs are calculated using the maximum and minimum daily temperatures. We use a separate calculation for daytime and nighttime temperatures. During the daytime, CHUs are calculated when the temperature falls between 50 F (10 C) and 86 F (30 C). The reason for the range is that corn does not grow at all when the daily temperature is 10 C or less, and growth slows when the temperature exceeds 30 C.

CHU calculations for the evening use a minimum of 39.9 F (4.4 C) and have no upper limit.

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Crop Heat Units are averages of the day and night temperatures in the respective ranges and threshold temperatures.

CHUs are averages of the day and night temperatures in the respective ranges and threshold temperatures.

We certainly saw many nights in August when the temperatures fell below 10 C. Cool night temperatures cause a delay in crop growth. It may take an additional day for a corn crop to fully recover and resume normal growth after a chilly evening.

Certainly night temps below 4.4 C but above 0 C may cause a three- to four-day delay in crop recovery, regardless of the subsequent daytime temperatures. In a growing season where we are behind normal CHU accumulation, these cool nights simply cause further delays in maturity.

Farmers can turn to many sources to find the current CHU accumulations. Many commercial websites offer this content. Some sites even allow the farmer to enter planting dates and use growth models to track and predict each crop growth stage all year long.

For those who undertook this tracking, we could see crop maturity being pushed further back with each cooler daytime and nighttime temperature.

At the end of July, for example, we saw predictions of some fields reaching the R6 black layer on Sept. 9. As we got closer to end of August, with cooler weather, that prediction was pushed back to Sept. 15.

Subsequent dry down predictions were also delayed. Predictions of corn fields achieving a 25 per cent harvest moisture, for example, were delayed from mid-October to Nov. 3.

Farmers cannot do much in the case of cooler weather, other than to keep adjusting their harvest plans based on delays in maturity. Producers can, however, review the range of hybrid maturities they planted and the corresponding flowering dates in order to evaluate production risks.

#### Understanding temperature inversions

While we regularly talk about weather and CHUs, especially towards the end of a growing season, we essentially never talk about temperature inversions in the spring.

Temperature inversions are not usually top of mind, likely because

we are busy performing spring field management operations and planting tasks in a very short operating window. However, with the introduction of dicamba-tolerant soybeans and the use of the new, low volatility dicamba herbicide compounds, temperature inversions must become top of mind if we are to avoid off-target movement and damages to sensitive crops.

These inversions occur when a layer of warm air forms on top of a cooler, dense layer of air near the soil surface. This situation, in effect, puts a lid on the lower, near-surface atmosphere, trapping the cooler, dense air underneath it.

Under this lower layer, it is dead calm with no wind or turbulence.

Temperature inversions begin to form in the late afternoon, after a warm day followed by rapid cooling. These inversions strengthen overnight

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and will dissipate in the morning, after the sun rises and warms up the ground. Wind speed usually increases as the morning progresses, which mixes the air layers and removes the inversion.

At night, most people will notice the effects of an inversion without necessarily realizing the significance of it. For example, you can hear your neighbours – who live half a mile away – talking, as if they were on your back deck. The sound waves bounce off the near-surface layer of air, rather than dissipating. The smoke from a campfire moves horizontally a few feet above ground instead of spiraling upward. A thin layer of fog hanging over the field in the early morning is another telltale sign of an inversion.

Why is it important to be able to recognize a temperature inversion?

Most notably, we need to understand this phenomenon for those situations when we are waiting for wind speeds to go down before spraying herbicides to decrease potential for physical drift. If we opt to spray in the evening when the

wind goes down, we may actually be spraying into a developing temperature inversion.

In such an inversion, we do not have the necessary wind speed to cause fine particles to mix and fall onto the target plants. A minimum wind speed of three miles per hour (five km/hr) is required to ensure that variously sized spray droplets are subjected to enough turbulence to fall onto the target.

Under a temperature inversion, the near-surface layer of dead calm air will cause finer particles to stay suspended for hours. This phenomenon increases the likelihood of fine herbicide particles drifting into sensitive crops when the wind speed gradually increases the following morning.

Proper application timing is critical to manage the risk surrounding the use of low-volatilization formulations of dicamba.

In Ontario, the agricultural community introduced the use of this product as a pre-plant burndown mixed with residual chemistry. There were two main reasons behind that

implementation strategy.

Our first concern was for good stewardship practices through the use of multiple modes of action for weed control. We did not want to use a single mode of action to control resistant weeds. (Hopefully everyone remembers how we got resistant weeds.)

Secondly, the pre-plant herbicide application usually ensures we target the weeds when they are smaller, ensuring more effective control, and when the weed vegetation is not very dense, thereby reducing the potential for volatilization losses.

Even with the new formulations of dicamba, the risk of volatilization – although low – increases when spraying herbicides on full crop canopies.

Most importantly, in May, we observed only five temperature inversion events in southwestern Ontario. In June, in contrast, we experienced 23 events. Every day in July, we experienced a temperature inversion.

As a result of promoting pre-plant burndown, the chance of particle or vapour drift caused by temperature inversion is essentially reduced to extremely low levels. Spraying incrop in June greatly increases the risk of applying herbicides during temperature inversions.

In addition, the product labels are very prescriptive in detailing how to apply the products. The labels specify boom height, nozzle type, as well as ground and wind speed, which lowers the risk of off-target movement and supports a positive product user experience for everyone.

We cannot change the weather. But we can respond and adjust our risk management options where and when we can.

We need to appreciate how weather events influence our management decisions and resulting outcomes. BF

Dale Cowan, CCA-ON, 4R NMS, is a senior agronomist with AGRIS Cooperative Ltd. and Wanstead Farmers Co-operative Ltd.



Election 2018

### WE'RE PRODUCING PROSPERITY FOR **ONTARIO**

When Ontario goes to the polls next spring, OFA wants to ensure MPP candidates know the vital role Ontario farmers and our rural communities play in the economic wellbeing of the entire province.

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- ✓ Affordable housing for families in growing communities
- ✓ Less commuting, carbon and grid lock
- Relief for urban housing and transportation issues

Watch for election messaging updates at ofa.on.ca and follow #producingprosperity on OFA social media channels.

OFA: Rural Ontario is producing prosperity across the province.













## BURYING UNDIES FOR SOIL HEALTH

Yields indicate the health of soil, which is shaped by parent materials, nutrients, disease and organic matter.



The Ontario Soil and Crop Improvement Association is carrying on a project to put a focus on soil health.

The project involves burying underwear and seeing how much they break down by the end of the season.

This project focuses on soil health. But the condition of underwear at the end of the season is not the whole story of soil health.

In fact, I would argue that the condition of the underwear at the end of the season has no more measure of a soil's health than of the person who owns the underwear.

There are similarities between human health and soil health.

Personal health can be defined as living a long life with minimal health issues. Soil health can be defined as the ability to produce good crops consistently.

With human or soil health, everything may not be as it seems. I know there are many researchers looking at soil micro-organisms and people selling products to improve soil health. These efforts are all good but I argue the ultimate test of soil health is yield – just like the ultimate test of a healthy person is a long life with few physical discomforts.

One of the biggest factors with human health is genetics. If your parents have certain genetic factors, such as a heart condition, these issues will likely affect you as well.

Similarly, the parent material of a soil and the soil type are big factors in determining soil health. Silt loams tend to be healthier than heavy clays, as the latter tend to build up the soil diseases that affect roots. The specific nature of the soil is the main reason why you cannot produce high corn

yields in two successive years on a clay soil.

Sand soils tend to have other problems, such as the inability to hold water.

In crop production, yield is a combination of genetics and environment. The way these factors interact affects final yield.

The same is true with human health. If you have good genes, but live with a smoker or live in a country where food is scarce, your life span is likely to be shortened.

Beyond environment and genetics, the biggest factor in human health is nutrition. You can look at the undernourishment of some people in developing countries and find a correlation to lifespan. You can look at the obesity of some North Americans and see that poor nutrition affects human health.

#### **CROPS:THELYNCHFILE**



Similarly, nutrition is big with crops. The wrong nutrients, or insufficient levels, will affect yield.

And still many people are out of shape and many farmers do not conduct soil tests.

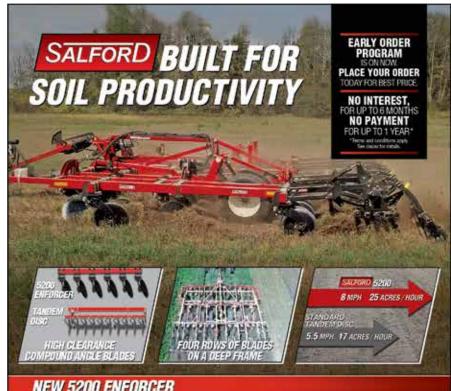
Another factor in human health is diseases. You may have a healthy lifestyle but contract a harmful disease. Similarly, you may have great soil but, if it is loaded with mould or phytophthora because of too many years of soybean production, it is not very healthy.

We all unfortunately know of people who appear to be in perfect health but suddenly learn they have

One of the "cancers" of soil is resistant weeds. These weeds can be controlled but certainly affect the ability of your soil to produce a good

And people can have good genetics and appear to be healthy but still be out of shape. This situation, while unhealthy, can generally be corrected.

The comparable factor in soil is organic matter. You can have a soil that should be producing well but, be-



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SALFORD



If you grow forages, you will have so many earthworms that pickers will pay big money to harvest these worms.

cause of poor cropping habits, it has lower organic matter levels. This situation can happen, for example, in vegetable fields and fields where producers do not add organic matter in the form of forage crops and corn stalks.

So, where does tillage enter into soil health?

This factor is very minor. Whether you practise no-till, use conservation tillage or mould board plough has little influence on soil type, diseases,

fertility or organic matter.

If you no-till and have earthworms, for example, that situation is good. If you grow forages, you will have so many earthworms that pickers will pay big money to harvest these worms. And this situation occurs in fields where farmers plough before establishing alfalfa.

I have not seen worm pickers in no-till fields with a corn-soybeanwheat rotation.

In summary, soil health is mea-

sured by yield. The main factors which affect soil health are soil type, balanced soil fertility, and organic matter, as well as freedom from diseases, nematodes and resistant weeds.

You can improve the health of your soil with crops that include forages and cover crops. And soil testing. BF

Consulting agronomist Patrick Lynch, CCA-ON, formerly worked with OMAFRA and Cargill.

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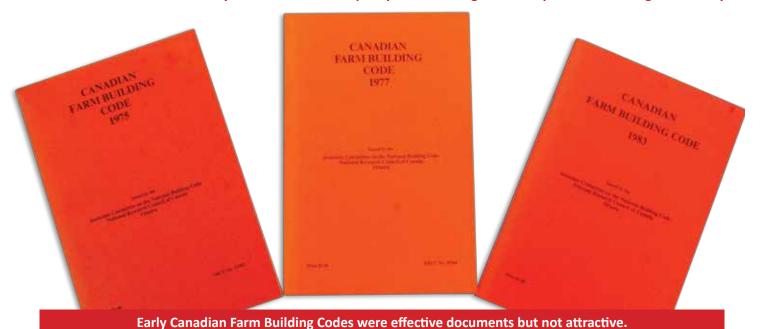


## UPDATES TO CANADIAN FARM BUILDING CODE REQUIRED

RALPH WINFIELD



The Code allows some leniency for low human occupancy farm buildings and is important for the ag community.



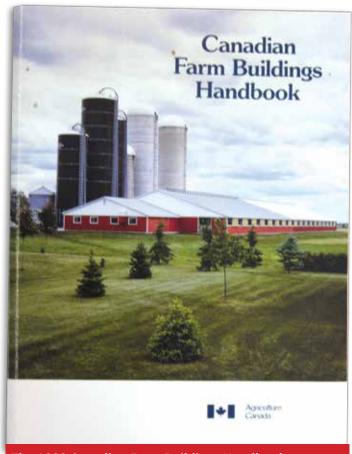
In the event of building failure due to snow loading, wind or fire, most farm structures have a much lower risk to human life than commercial buildings. This reduced risk can be attributed to the fact that farm buildings, with the exception of residences and on-farm market areas, have fewer people in them than commercial buildings.

In light of these decreased risks, the Associate Committee on the National Building Code (NBC) released the first issue of the Canadian Farm Building Code (CFBC) in 1964. The CFBC allowed for slightly higher stress levels in structural components, as well as increased distances between exit locations.

The code adjustments decrease building costs significantly, while ensuring a relatively safe environment for farm animals and poultry. The CFBC was never applied to farm residences which still had to be designed to the requirements of the NBC, as with residences built in towns and cities.

During the 1970s, the CFBC contained a significant amount of design criteria that engineers and building contractors could use directly. For example, the CFBC even specified the distance between lighting fixtures along litter and feed alleys.

By 1983, the content/extent of code detail was greatly reduced at the request of the Associate Committee, while the opportunity for reduced structural integrity was maintained. Unfortunately, these newer codes became less useful to farm building contractors as well as to municipal building authorities, i.e. inspectors. Conse-



The 1988 Canadian Farm Buildings Handbook was very comprehensive, informative and well illustrated.



The 1990s Canadian Farm Building Code took on a new look.

quently, contractors and inspectors started to apply the NBC to farm buildings.

#### The Canadian Farm Buildings Handbook

As a result of the design detail cutbacks to the CFBC, the Research Branch of Agriculture Canada produced a very comprehensive book – *Canadian Farm Buildings Handbook* – in 1988. The book was a 155 pages (full letter sized), containing all the information needed to lay out most farm buildings, and also providing environmental control information for livestock, poultry, and produce.

Unfortunately, with staff cutbacks in the Research Branch of Agriculture Canada, this information has not been updated.

#### **Newer farm building codes**

In 1990 and 1995, the Associate Committee adopted a new format for the CFBC. The code included part, but certainly not all, of the design criteria included in the previous handbook.

#### Standing committee on farm buildings

Most of us who worked diligently on the CFBC with employer support have retired. Newer staff members with the freedom and desire to participate in code committees are not as readily available.

I was appointed and encouraged to serve on the committee when I started working for Ontario Hydro in 1969. R. Winfield is still included in the 1990 list of the Standing Committee on Farm Buildings. Many of the other named committee members are now deceased.

#### Private enterprise must step up

Engineers from Agriculture and Agri-Food Canada, provincial departments of agriculture, and other associated groups are no longer available or encouraged to work on code committees.

Representations from farm builders associations and consulting engineering firms dedicated to designing and building farm buildings must step up to fill the void. I spoke recently with

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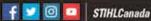
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Will Teron of Tacoma Engineers in Guelph. He is leading the charge to get the most recent (1995) Canadian Farm Building Code updated. He hopes that farm buildings will continue to be identified as a "distinct class of building" within the National Building Code.

If the updates do not happen, Ontario will probably follow the lead of Manitoba and drop the Canadian Farm Building Code. The result of this change would create a serious financial burden for Ontario producers planning to build new farm buildings, as these structures would be classed as commercial buildings at a higher cost.

Unfortunately, many new construction concepts that were developed by visionaries like J.E. (John) Turnbull will be lost. My newer shop, built in 1998, has a diaphragm ceiling that Turnbull developed when he worked at Ridgetown and later in Ottawa.

The diaphragm ceiling concept eliminated the need for much of the diagonal bracing that was unsightly



This newer diaphragm ceiling provides building stability, is low-cost and looks attractive. Note the self-tapping screws at 12-inch intervals along the steel ceiling sheet overlaps, and at the ceiling/wall junction.

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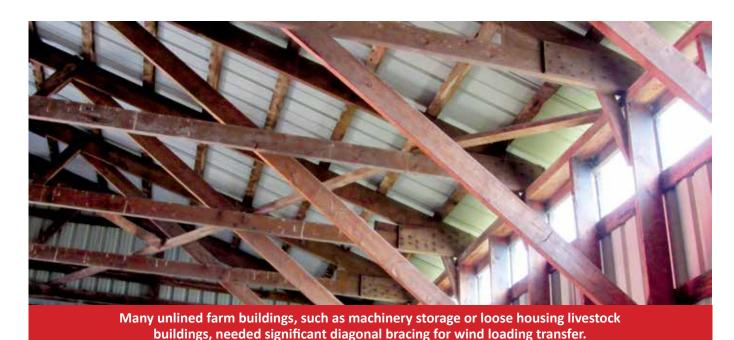
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but previously necessary to ensure the structural integrity of stud frame

buildings.

The diaphragm ceiling does, however, still require sound engineering principles to transfer wind loading from the sidewalls to the stiffened end walls. We had to incorporate two vertical box beams into the wall of my shop that included a wide overhead door.

It is my hope that Teron and his team can bring about an updated version of the 1995 CFBC and get it approved by the Associate Committee on the National Building Code in a timely manner before Ontario follows Manitoba's lead. BF

Ralph Winfield is a retired professional engineer, farmer and technical writer.



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## SHEPHERDING NEW LEADERS IN ONTARIO

#### The Master Shepherd Education Program helps established lamb producers strengthen their operations.

What began as a grassroots education program for Ontario lamb producers quickly transformed into leadership development for the future of Ontario's sheep industry. And the future is looking good, according to Jennifer MacTavish, Ontario Sheep Marketing Agency's (OSMA) general manager.

The 18-month Master Shepherd Education Program began as a classroom and industry tour training model for sheep farmers. This unique, hands-on program set out to provide professional development training and business planning, giving producers the tools and knowledge they need to expand their flocks, improve flock health and reduce production costs.

The program quickly spanned into solid friendships, an organic support network and the development of lasting leadership qualities.

"We're seeing a new injection of energy into Ontario's sheep industry," says MacTavish. "This (energy) is a direct result of the Master Shepherd Program. We've seen participants take on new leadership positions, diversify their sheep farms and expand their production. These farmers are shaping the future of our industry and leading by example."

The program was originally created to support lamb producers who had been farming for roughly three to five years and were interested in expanding their operations or seeking professional development opportunities. OSMA first ran a similar program in the 1990s and some of these original graduates became predominant leaders in the sheep industry.

The Master Shepherd Program ran through 2014 and 2015.

"Farmers who have been in business for three to five years don't have the same support system that new entrants have access to. That's why we targeted the program to (the



"The Master Shepherd Program has created a lot of excitement in Ontario's sheep industry, and it's rewarding to see so many young farmers integrating the program into their own farm operations and becoming the next generation of industry leaders," says Jennifer MacTavish.

former) group in an effort to provide the latest production training and business planning, and to connect them with farmers in similar situations," says MacTavish.

The program included industry tours and classroom modules on every aspect of lamb production, including biosecurity, health, handling, reproduction, nutrition and genetics. Participants were required to present a business plan and some have already implemented changes to their farms as a result of the program.

"The program dialed me in to all the potential issues and opportunities for improvements in our farm and overall business," says Sandi Brock, a Master Shepherd Program participant.

The program accommodated 22 participants per module, and 18 farmers completed the full program and business plan requirement.

Participants continue to be engaged in industry events and issues as a result of their new network and program completion, MacTavish says.

"The Master Shepherd Program has created a lot of excitement in

Ontario's sheep industry, and it's rewarding to see so many young farmers integrating the program into their own farm operations and becoming the next generation of industry leaders," she says.

Industry succession wasn't something MacTavish and her team considered when they began planning the program. But it's become clear that the program's influence will be reflected in participants staying in business, growing their farms and engaging more in the Ontario sheep industry overall.

Interested farmers are inquiring about the next program. Planning is underway for the next Master Shepherd Program that is expected to launch in 2018.

The Master Shepherd Program was awarded the Premier's Award for Agri-Food Innovation Excellence.

The project was funded in part through *Growing Forward 2 (GF2)*, a federal-provincial-territorial initiative. The Agricultural Adaptation Council assists in the delivery of *GF2* in Ontario. **BF** 

#### REDUCING MANURE ODOUR WITH PLANT MATTER

The pungent odour of manure may become more manageable with the help of biochar - a charcoal-like material that acts similarly to a sponge.

This carbon-rich material has the ability to absorb compounds and trap gases, including ammonia - one of the culprits behind manure's strong odour, according to an August release from the American Society of Agronomy.

In fact, researchers at Oregon State University determined that biochar can reduce ammonia levels by 72 to 80

per cent.

The scientists found that biochar is more effective than a straw cover at reducing odours from liquid dairy manure.

**Brian Dough**erty, a scientist who worked on the project, says that biochar would be beneficial as a lagoon cover.

Biochar's chemical charge allows it to attract and hold nutrients, such as nitrogen, phosphorus and potassium. This discovery means that the biochar could also be used as a high-value fertilizer after being used in lagoons.

The researcher's findings are published in the Journal of Environmental Quality. BF

#### SWITCHING IT UP TO HELP THE ENVIRONMENT

Researchers at the University of Illinois may have found a way not only to conserve the eroding

land of China's Loess Plateau but also to

improve the country's air quality.

The answer? Switchgrass.

As the Chinese government looks to implement more sustainable and erosionreducing cropping systems, American researchers are recommending the use of switchgrass, according to a September university release.

> "When we're looking at revegetation, ideally we're (looking to plant) something that can bring in revenue for farmers. Switchgrass produces a lot of biomass that can be harvested and burned as a cleaner source of energy,"

D.K. Lee, an agronomist at the University of Illinois, said in the

release.

Switchgrass, which would hold the soil in place, can also reduce air pollution if it is burned instead of coal for energy, Lee explained.

The stress-tolerant crop can produce large amounts of biomass, even if producers limit irrigation and fertilizer applications.

Researchers' next step will be to select appropriate varieties of the crop to plant in different geographic areas, given the varying elevations, latitudes and moisture levels throughout the Plateau, BF

#### LEAF WAX ACTS AS LIP BALM FOR PLANTS

Scientists are one step closer to developing drought-resistant crops.

Plants that protect themselves with a thicker layer of wax on their leaves may be more resistant to drought, according to Sarah Feakins, a scientist at the University of South California, and a team of researchers at Texas **A&M** University.

This wax coating, produced by all

plants, provides protection from insects and the elements, such as heat and low precipitation, Feakins said in an August release.

Winter wheat varieties that grew in Amarillo, a dry, high elevation area of Texas, had higher concentrations of wax on their leaves than those varieties

journal. BF

that grew in Winter Garden, a lessarid area of the state, researchers found. The study can be found in the Organic Geochemistry

#### FARMING ALLIANCES: ANTS BENEFIT CROPS

While it has been known for years that ants are attracted to plants that secrete nectar, researchers at Aarhus University in

Denmark have discovered that these ants give back to plants in return.

Urine and feces excreted by the ants onto the plant leaves contain amino acids and urea, which are often commercially applied

to plants as fertilizers, according to an August university release.

"This (finding) has great ecological importance," Joachim Offenberg, senior scientist at Aarhus University, said in the release.

"The ants, which primarily feed on insects in the trees, digest the insects and hand the nutrients on a silver platter to the plants. You can almost say that the plants receive the nutrition intravenously exactly where they need it."

In addition to providing nutrients, ants also remove some insects that can damage plants.

The study can be found in the Journal of Ecology. BF



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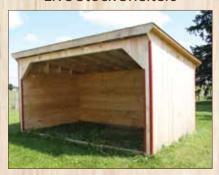
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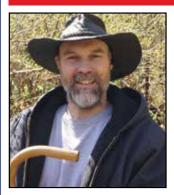
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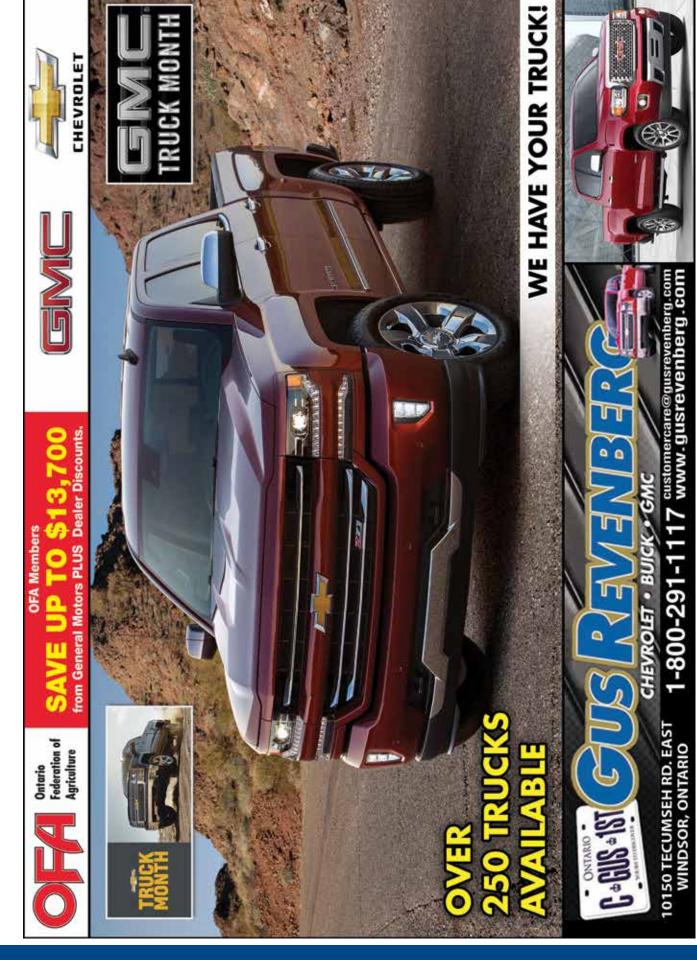
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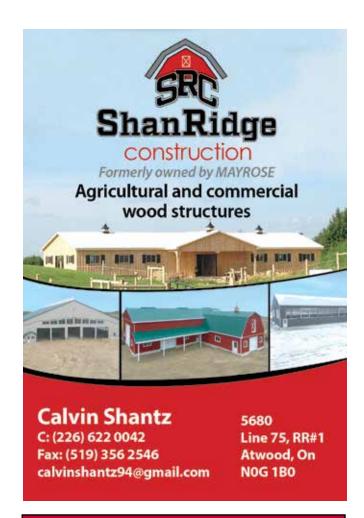
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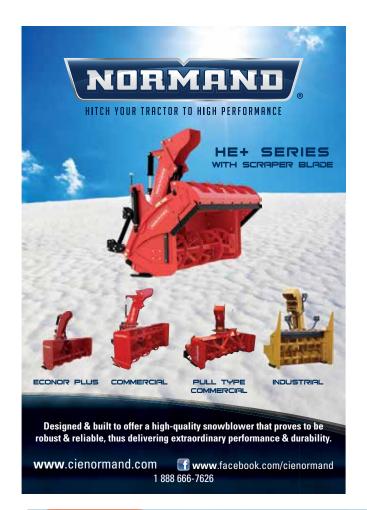




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#### VIEWS ON FARM ASSETS AND DEBT

Higher interest rates and lower commodity prices support slowing increase of values.



Farm Credit Canada's (FCC) Outlook for Farm Assets and Debt 2017-18, published in September, explained that farmland values and farm debt are highly correlated.

In the report, FCC presented data to highlight the correlation.

The value of farmland and buildings appreciated by 50.1 per cent between 2011 and 2016. Outstanding farm debt appreciated by 32 per cent over the same period, according to the report.

This correlation could be due to the fact that, over the past decade, farming has become more of a profitable industry, according to J.P. Gervais, chief agricultural economist at FCC.

"(With) the combination of improved farm profitability, low interest rates and strong asset appreciation, many producers have made strategic investments in their operations to improve the efficiency and profitability of their operations," Gervais told Better Farming.

"This has also resulted in many farmers taking on additional debt," he said, also stating that farmland currently comprises approximately 70 per cent of total farm assets.

With changing economic conditions alongside this correlation, FCC forecasts that overall debt levels will continue to increase, but at a slower pace.

"Lower commodity prices, a stronger Canadian dollar, and higher interest rates are supporting an environment where we expect a slowing pace of farmland and building appreciation," said Gervais.

However, this forecast may not impact farmland rental rates.

While the same factors that influence farm profitability and farmland values also affect the farmland rental market, Gervais explained that there are "regional characteristics that may cause farmland rental markets to behave differently from the farmland values market." BF

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## 150 YEARS OF CANADIAN CHEESE

by RYAN PARANYI

One hot summer afternoon, 151 years ago, James McIntyre, a local furnituremaker and poet, delivered his latest verse to an Oxford County crowd:

We'rt thou suspended from balloon, You'd cast a shade even at noon, Folks would think it was the moon About to fall and crush them soon.

McIntyre and his audience had gathered in Ingersoll on Aug. 23, 1866 to witness the latest craze in the Canadian dairy industry: the mammoth cheese. As McIntyre delivered his humorous *Ode on the Mammoth Cheese Weighing over 7,000 Pounds*, the cheese in question – a wheel 3 ft. (0.9 m) thick and 7 ft. (2.1 m) in diameter – was loaded on a railcar to begin its mission.

The mammoth cheese made a splash at fairs and exhibitions in the United States and Canada, before making the voyage to Britain to proclaim the good news: the Canadian cheese industry was open for business. The cheese's tour was a great success and helped spark one of 19th-century Canada's most lucrative export trades.

The country's cheese industry was in its youth when Oxford County producers banded together to make the mammoth cheese. The first factory was built in Norwich in 1864 by Harvey Farrington, a former New York dairy farmer. By 1867, the year of Confederation, there were over 200 factories in Ontario alone.

Dairy producers never forgot the success of the mammoth cheese in promoting their industry. In preparation for the 1893 Chicago World's Fair, Lanark County factories produced the "Canadian Mite," a 22,000-pound (9,979 kg) cheese that was the largest the world had ever seen at the time. BF

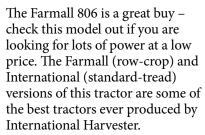




#### IN THE SHOP WITH RACHEL

## THE EVER-POPULAR FARMALL 806

by RACHEL GINGELL



The 806 is a full-featured modern tractor. It boasts 94 horsepower (PTO) and is available in diesel, gasoline and LP-gas versions. The six-cylinder engine has lots of torque.

Over 40,000 of these tractors were produced between 1963 and 1967. The model was a very popular addition to the Farmall line when it was introduced and its popularity continues to this day.

If you are looking to purchase a Farmall 806 or an International 806, here are a few things to check.

First, check the shifting on the tractor. The transmission in this model is reliable. When the tractor reaches the end of its natural lifespan, however, the transmission will be the first area to show wear. Try shifting into all of the gears, paying special attention to the shift into and out of reverse.

Next, examine the hitch. The 806 came with an option of a three-point hitch or a two-point hitch. If you buy a tractor with a two-point hitch, you will either need to get an adapter (which works but is clunky) or you'll be limited in the equipment you can use. I'd look for a three-

The final thing to check is the remotes. These tractors did not come standard with dual remotes – they were an option and not every farmer shelled out the extra cash to get them.

point hitch from the factory.

If you purchase an 806 without dual remotes, plan to spend around \$1,200 to add a second remote. Of course, if you aren't interested in running equipment that requires dual remotes, then you can ignore this piece of advice and get an even better deal.

The hydraulic system is particularly fabulous on this tractor and the engine is solid! Pick the options (hitch and remotes) that are right for you and you will be all set. BF

Rachel Gingell works alongside her father, repairing and re-selling tractors.



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